

Horseheads Varsity "H" Girls Soccer Camp

Grades 1-12

August 5-8 • 8:30-11:30
High School Stadium (Grades 7-12)
and

Old Football Field (Grades 1-6)

****ALL WILL MEET AT STADIUM ON DAY 1**

****Registration is online**

Camp Location:	High School Stadium
Equipment Required:	A water bottle, preferably labeled with child's name Shorts, t-shirt, cleats, shin guards
Registration Fee:	\$85.00 (This includes a camp T-shirt)
Make checks payable to:	Horseheads Varsity "H" **Bring on the first day of camp.
Camp Director:	Wes Kirk, Girls Soccer Coach
Assistants:	Past Horseheads Varsity Girls Soccer Players

Camp Philosophy

The goal of this camp is to identify the athletes not only based on age but also their ability. All ages and abilities will have opportunities to improve their soccer skills and knowledge. We provide a fun and fulfilling experience with the competitive edge necessary for all players to improve.

Camp Schedule

Attendance/Run/Stretching
Warm-Up Game
Skills and Drills (Stations)
Small Sided Games
(4 v. 4 v. 4, 6 v. 6 v. 6, etc.)
Team Concepts
(Marking, Transition, etc.)
Full Field Scrimmage